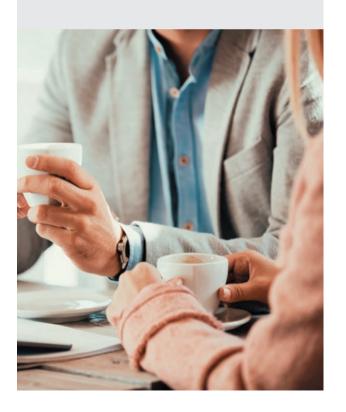
What is Mediation in Mind?

Combining mediation, counselling, and legal information, to reduce parental conflict and resolve issues concerning children

- A trained mediator helps you resolve issues
- A trained counsellor helps to prepare you for mediation and moving forwards post-mediation
- A qualified solicitor provides you with legal information
- Discussions are confidential.









Who is Mediation in Mind for?

The service is for parents who are seeking to resolve issues concerning their children when apart.

What does Mediation in Mind cost?

For eligible parents, the service is completely free and is funded through the Department of Work and Pensions (DWP) Challenge Fund.

What are the advantages of mediation?

An agreement reached together is more likely to be acceptable to you both than a decision made by a court, and is therefore more likely to last.

Agreeing things at mediation avoids the stress of court proceedings.

It is usually quicker and cheaper to resolve an issue through mediation than through litigation.

Consultation with children

It is important that the views of older children are taken into account.

Our FMC Accredited Mediator is trained to speak to children within a mediation setting, and will generally have a separate meeting with children when there are issues involving them to resolve.

Benefits of counselling

Explores emotions arising from current conflict - increases effectiveness of mediation.

Provides an opportunity to confront historic issues which might be impacting communication.

Addresses the challenges of parenting apart and improving the future working relationship of parents.

Legal information meeting

Opportunity to meet with a qualified solicitor to receive information about court proceedings involving children.

Opportunity to understand the processes involved, legal terminology, timescales, and to clarify any misunderstandings.

You will have considered all of the options available to you and have a greater understanding of your position and situation.

